

Special savings for NHP members!

Pay nothing, or only your plan's cost sharing,
for many routine over-the-counter (OTC) medications.

OTC drug benefit

Using your OTC benefit is easy:

- Get a prescription for any of the products below (for a supply of up to 90 days for select drugs) from your provider
- Bring your prescription to any in-network pharmacy
- Your pharmacist will make sure you get the right product and price

If you have questions, you can always log in to mynhp.org. There you'll find more information and any updates to this list of covered OTC medications.

THERAPY CLASS	DRUG CLASS	DRUG NAME	COST SHARING
Cough, Cold, and Allergy	Antitussive	Robitussin DM – generic (guaifenesin DM) syrup, liquid	\$0
	Expectorant	Robitussin – generic (guaifenesin) syrup, liquid	\$0
	Nasal Decongestant	Sudafed – generic (pseudoephedrine) syrup ² and tablets	\$0
	Antihistamines	Allegra OTC ¹ – generic (fexofenadine) tablets, ODT ³ , liquid ³	Tier 1
		Benadryl – generic (diphenhydramine) liquid, capsules, and syrup	\$0
		Chlor-Trimeton – generic (chlorpheniramine) tablets and syrup ²	\$0
		Claritin – generic (loratadine) tablets, syrup ³ , ODT ³	Tier 1
		Claritin-D – generic (loratadine/pseudoephedrine) tablets	Tier 1
		Zyrtec – generic (cetirizine) tablets, syrup ³ , chewables ³	Tier 1
		Zyrtec-D – generic (cetirizine/ pseudoephedrine) tablets	Tier 1
	Nasal Sprays	Nasacort Allergy 24 hour (triamcinolone) nasal spray	Tier 1
		Nasal crom – generic (cromolyn) nasal spray	Tier 1
		Ocean Nasal – generic saline spray 0.65%	Tier 1
		Rhinocort – nasal (budesonide) allergy spray	Tier 1
Flonase allergy relief - (fluticasone) nasal spray		Tier 1	
Nutrients	Vitamins	Prenatal vitamins – generic tablets, 27/1 mg, 27/0.8 mg, 28/0.8 mg	Tier 1
		Multi-vitamins – generic tablets, liquid ² , chewables ² , and drops ³	Tier 1
		Multi-vitamins with iron – generic tablets, liquid ² , chewables ² , and drops ³	Tier 1
		Folic acid – generic tablets	Tier 1
		Nicotinic acid – generic	Tier 1
		Vitamin-D – generic tablets, capsules, liquid, and solution	Tier 1
		Pyridoxine – generic vitamin B6 tablets	Tier 1
	Minerals	Magnesium oxide – generic tablets	Tier 1
		Calcium carbonate and citrate – generic tablets and chewables	Tier 1
		Calcium carbonate and citrate + vitamin D – generic tablets	Tier 1
		Oyster shell calcium – generic tablets	Tier 1
		Oyster shell calcium + vitamin D – generic tablets	Tier 1
		Neutra-phos/K powder – generic tablets	Tier 1
	Trace Elements	Ferrous sulfate – generic tablets, elixer ² , drops ³	Tier 1
		Ferrous gluconate – generic tablets	Tier 1
	Electrolytes	Electrolyte solutions ³ – generic	Tier 1

THERAPY CLASS	DRUG CLASS	DRUG NAME	COST SHARING
Dermatologicals	Antifungals	Clotrimazole cream, vaginal cream/inserts – generic	Tier 1
		Miconazole cream, vaginal cream/inserts – generic	Tier 1
		Tolnaftate cream, gel, solution, aerosol – generic	Tier 1
	Dry Skin Preparations	AmLactin – generic 12% lotion and cream	Tier 1
	Poison Ivy	Hydrocortisone cream, lotion, ointment, solutions – generic	Tier 1
Gastrointestinal	Antiparasites	Reese’s Pinworm Medicine tablet, suspension – generic	Tier 1
	H2-blockers	Zantac (ranitidine) tablets – generic	Tier 1
		Pepcid (famotidine) tablets – generic	Tier 1
		Tagamet tablets – generic cimetidine	Tier 1
	Proton Pump Inhibitors (PPIs)	Prevacid 24 hour capsules (lansoprazole) ¹ – generic	Tier 1
		Nexium 24 hour capsules (esomeprazole) ¹	Tier 1
		Zegerid 20/100 mg OTC capsules ¹ –generic	Tier 1
	Laxatives	Miralax OTC – generic powder	Tier 1
		Citrate of Magnesium – generic	Tier 1
		Metamucil powder – generic 28.3%, 30.9%, 58.6%	Tier 1
Ducolax (bisacodyl) tablets, suppositories – generic		Tier 1	
Fleet Enema – generic		Tier 1	
Senokot (senna) tablets – generic 8.6 mg tablets		Tier 1	
Enitourinary Agents	Urinary Products	Oxytrol for Women	Tier 1
Respiratory	Diluents	Sodium chloride	Tier 1
Central Nervous System	Smoking Deterrents	NicoDerm CQ transdermal patch – generic	\$0
		Nicorette gum– generic	\$0
		Nicorette DS gum – generic	\$0
		Nicotrol transdermal patch – generic	\$0
		Commit lozenges – generic	\$0
Ophthalmic Preparations	Dry Eye	Artificial tears – generic drops	Tier 1
	Allergy	Zaditor-OTC (ketotifen 0.025%) – generic drops	Tier 1
DME Products	Humidifiers/Vaporizers	Humidifiers and vaporizers ⁴	\$0
	Asthma	Peak flow meters	\$0
		Spacers	\$0
	Diabetes	Select diabetic testing supplies ⁵	\$0

Check your Schedule of Benefits for your specific cost-sharing amounts. Please note that quantity limits apply and generic products will be prescribed when available.

NHP Prime includes commercial and Health Connector plans.

¹ Medication may be part of a pharmacy program.

² Age limit applies: covered for children under 12 years old.

³ Age limit applies: covered for children under 6 years old.

⁴ For a list of specific covered products, please contact NHP Customer Service.

⁵ For a list of covered diabetic testing supplies, please contact NHP Customer Service.

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