

Neighborhood Health Plan

Smoking Cessation Program

NHP Smoking Cessation Program v. Quitworks

- We cover and can facilitate access to Nicotine Replacement Therapy (NRT)*
- Link suitable members to other disease management programs for coordinated care management (Prenatal, Diabetes, Asthma, Care Partnership Program)
- Link smokers with behavioral health issues directly to BH services
- Provide telephonic feedback, when indicated, to PCP
- Telephonic assessments & ongoing telephone counseling by a Certified Tobacco Treatment Specialist: (C-TTS) and/or coverage of in-person tobacco treatment counseling

What our Tobacco Treatment Specialist does

- Assesses members smoking habits
- Recommends medication to aide in quit attempt
- Offers to call PCP with recommendation
- Educates about the risks associated with continued cigarette smoking
- Provides supportive smoking related literature
- Provides encouragement and helpful tips to motivate and encourage member throughout their quit attempt
- Follows a member for up to 90 days

What medications are covered? **

The following medications are covered with a prescription

- Nicotine Patch
- Nicotine Gum
- Nicotine Commit Lozenge
- Nicotine Inhaler
- Bupropion (*Zyban*)
- Chantix (*Varenicline*)

What is the cost of NRT to the patient?

- A co-payment applies to all members who have prescription coverage
- MassHealth members have a \$1.00 co-payment for generic medications and a \$3.00 co-payment for name brand medications***
- Commercial members pay a tier 1 co-payment when generic is available (refer to NHP ID card for co-payment amount)

How do I refer a patient?

- Providers/ members can contact the Tobacco Treatment Specialist at **(617) 204-1447** or **1-800-433-5556 x. 1447**
- Email at quitsmoking@nhp.org
- The Tobacco Treatment Specialist is available M-F, 8:30 – 4:30

**patient/ member must have prescription coverage in order to be eligible for NRT coverage*

***generic drugs must be dispensed whenever available*

****MassHealth members under 19 years of age do not have a co-payment*