

# Smoking Cessation Program

## What We Offer

- We cover all FDA approved Nicotine Replacement Therapy (NRT)\*
- Link suitable members to other disease management programs for coordinated care management (Prenatal, Diabetes, Asthma, Care Partnership Program)
- Link smokers with behavioral health issues directly to BH services
- Provide telephonic feedback, when indicated, to PCP
- Telephonic assessments & ongoing telephone counseling by a bi-lingual Certified Tobacco Treatment Specialist: (TTS) and /or coverage of in-person tobacco treatment counseling

## What our Tobacco Treatment Specialist does

- Assesses members' smoking habits
- Recommends medication to aide in quit attempt
- Offers to call PCP with recommendation
- Educates about the risks associated with continued cigarette smoking
- Provides supportive smoking related literature
- Provides encouragement and helpful tips to motivate and encourage member throughout their quit attempt

## What medications are covered? \*\*

The following medications are covered under NHP's prescription/over-the-counter drug benefit

- Nicotine Patch
- Nicotine Gum
- Nicotine Commit Lozenge
- Nicotrol Inhaler
- Nicotrol Spray
- Bupropion (Zyban)
- Chantix

## What is the cost of NRT to the patient?

- A co-payment applies to all members who have prescription coverage
- MassHealth and or CCHIP members have a \$1 co-payment for generic medications and a \$3 co-payment for the name brand medications\*\*\*
- Commercial members pay a tier 1 co-payment when generic is available (refer to NHP ID card for co-payment amount)

## How do I refer a patient?

- Providers/members can contact the Tobacco Treatment Specialist at 617-204-1447 or
- 1-800-433-5556, x.1447
- Via e-mail at quitsmoking@nhp.org
- The Tobacco Treatment Specialist is available Monday thru Friday, 8:00 am – 4:00 pm.

*\* patient/member must have prescription coverage in order to be eligible for NRT coverage.*

*\*\* generic medications must be dispensed whenever available .*

*\*\*\*MassHealth members under 19 years of age do not have a co-payment.*