

# Over-the-counter Drug Benefit

The following over-the-counter (OTC) products are covered. Covered items require a prescription and are available in quantities up to a 30-day supply for a \$3.65 copay. The OTC benefit is only available at participating pharmacies in the NHP network. The list may show brand names, but please note that generic products must be prescribed when available.

## Antitussive

- Robitussin DM syrup – generic (guaifenesin DM)

## Expectorant

- Robitussin syrup – generic (guaifenesin)

## Nasal Decongestant

- Sudafed – generic (pseudoephedrine) tablets, liquid<sup>2</sup>

## Anti-Histamines

- Allegra OTC<sup>1</sup> – generic (fexofenadine) tablets, ODT<sup>3</sup>, liquid<sup>3</sup>
- Benadryl – generic (diphenhydramine) capsules, liquid
- Chlor-Trimeton – generic (chlorpheniramine) tablets, liquid<sup>2</sup>
- Claritin – generic (loratadine) tablets, syrup<sup>3</sup>, ODT<sup>3</sup>
- Claritin-D – generic (loratadine/pseudoephedrine) tablets
- Zyrtec – generic (cetirizine) tablets, syrup<sup>3</sup>, chewables<sup>3</sup>
- Zyrtec-D – generic (cetirizine/ pseudoephedrine) tablets

## Vitamins

- Prenatal vitamins – generic tablets
- Multi-vitamins – generic tablets, liquid<sup>2</sup>, chewable<sup>2</sup>
- Multi-vitamins with iron – generic tablets, liquid<sup>2</sup>, chewable<sup>2</sup>
- Folic acid – generic
- Nicotinic acid – generic
- Vitamin D – generic tablets, capsules, liquid

## Minerals

- Magnesium oxide – generic
- Calcium carbonate and citrate – generic
- Calcium carbonate and citrate + Vitamin D – generic tablets
- Oyster shell calcium – generic tablets
- Oyster shell calcium + Vitamin D – generic tablets
- Neutra-phos/K powder – generic

## Trace Elements

- Ferrous sulfate and gluconate – generic tablets, elixir<sup>2</sup>, drops<sup>3</sup>
- Zinc supplement – generic

## Electrolytes

- Electrolyte solutions<sup>3</sup> – generic

## Antibiotics

- Clotrimazole cream, vaginal cream/inserts – generic
- Bacitracin ointment – generic
- Miconazole cream, vaginal cream/inserts – generic
- Tolnaftate cream, gel, solution, aerosol – generic

## Poison Ivy

- Calamine – generic
- Hydrocortisone cream, lotion, ointment, solution – generic

## Pediculicides

- RID – generic (pyrethrins/piperonyl butoxide)
- NIX – generic (permethrin)

## Counterirritants

- Capzasin-P cream – generic

## Protectants

- Zinc oxide ointment – generic

## Dry Skin Preparations

- Am-Lactin – generic

<sup>1</sup>Medication may be part of a pharmacy program

<sup>2</sup>Age limit applies: covered for children under 12 years old

<sup>3</sup>Age limit applies: covered for children under 6 years old

<sup>4</sup>For a list of NDC numbers, please contact the NHP Member Service Center at 1-800-462-5449

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## Laxatives

- Colace – generic (docusate sodium) capsules, liquid
- Dulcolax – generic (bisacodyl) tablets, suppositories
- Senna – generic tablets, liquid<sup>2</sup>, granules
- Senna with Docusate – generic tablets
- Miralax OTC
- Milk of Magnesium – generic MOM
- Citrate of magnesium – generic
- Fleet enema – generic
- Pediatric glycerin suppositories<sup>2</sup> – generic
- Metamucil – generic powder

## Anti-Diarrheals

- Imodium A-D – generic (loperamide) capsules
- Pepto-Bismol – generic (pink bismuth) liquid 262mg/15ml

## Anti-Flatulents

- Gas-X chewables – generic simethicone 80mg
- Mylicon drops – generic simethicone<sup>3</sup> 40 mg/0.6ml

## Antacids

- Maalox – generic tablets, liquid
- Mylanta DS – generic liquid

## H2-Receptor Antagonists

- Zantac 75mg tablets – generic (ranitidine)
- Pepcid 10mg tablets – generic (famotidine)

## Proton Pump Inhibitors (PPIs)

- Prilosec OTC tablets (omeprazole)
- Prevacid 24hr capsules<sup>1</sup> (lansoprazole)
- Zegerid 20/1000 mg OTC capsules<sup>1</sup> – (omeprazole/sodium bicarbonate)

## Mast Cell Stabilizer

- Nasalcrom spray – generic

## Diluents

- Sodium chloride – generic

## Ophthalmic Preparations

- Naphcon-A – generic (naphazoline/pheniramine 0.025/0.3)
- Artificial tears – generic drops
- Zaditor-OTC (ketotifen 0.025%)
- Alaway (ketotifen 0.025%)

## Ear Preparations

- Debrox drops – generic
- Star Otic drops

## Anti-Emetic

- Antivert – generic (meclizine)

## Non-Steroidal Anti-Inflammatory Drugs (NSAID)

- Ibuprofen – generic tablets, chewable, liquid<sup>2</sup>, drops<sup>3</sup>
- Naproxen – generic tablets

## Salicylates & Antipyretics

- Acetaminophen – generic tablets, elixir<sup>2</sup>, drops<sup>3</sup>, suppositories<sup>2</sup>, chewables 80 mg
- Aspirin – generic tablets

## Smoking deterrents

- NicoDerm CQ transdermal patch – generic \$0
- Nicorette gum – generic \$0
- Nicorette DS gum – generic \$0
- Nicotrol transdermal patch – generic \$0
- Commit Lozenges – generic \$0

## DME products

- Humidifiers and vaporizers (selected NDC numbers)<sup>4</sup>
- Peak Flow Meters
- Spacers
- Diabetic testing supplies

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